

GYC

29 OCTOBER 2020



news



Guilford
Young
College



Student & Family



Dates to remember

OCTOBER

- 30 Final Day of Classes
- 30 Art Exhibition Opening

NOVEMBER

- 2 Study Week Commences
- 4 Year 12 Graduation Ceremony | **2pm Start**
- 9 External Exams Commence
- 10 Year 11 2021 Course Confirmation
- 11 Year 11 2021 Course Confirmation
- 12 Year 11 2021 Course Confirmation
- 20 Year 12 Formal **6:15pm arrival**
- 30 Head Start Program Commences

TASC FORMS AND EXAM GUIDE

As the final week of classes draws to a close, we encourage students to finish strongly and trust that those with examinations are feeling well prepared. All students with external written exams have been issued with their **NOTICE OF ENROLMENT** forms from TASC. This pink form should be kept safe and brought to **every exam** as it is their official ID and entry to the exam. If they lose their form, they should go to the front office to have a new one printed.

Students have also received the **STUDENT EXAMINATION GUIDE 2020**. This can also be accessed electronically: <https://www.tasc.tas.gov.au/students/years-11-and-12/preparing-for-exams/>

Earlier in the year, all students signed a declaration form to agree they would abide by all TASC assessment rules. It is the responsibility of students to familiarise themselves with the contents of the booklet. Tutors have been supporting them with this over the last few weeks.

Please remember that **mobile phones are not permitted in the exam room even if turned off**. If a student is found to be in possession of a mobile phone, it will be confiscated and there may be a delay in its return. There is also a possibility that the exam will not be marked.

Students should also make sure they are clear as to their exam timetable. **NO ALLOWANCE will be made for a student who mis-reads the timetable and who turns up on the wrong day or at the wrong time**. The timetable is published in the booklet and is available on the TASC website. Where there are exam clashes TASC will get in touch directly with impacted students.

This can be an anxious and stressful period and while some anxiety is to be expected (and beneficial) we don't want that anxiety to be overwhelming or out of perspective. Our counsellors are always available with helpful hints on handling exam stress as are our pastoral care teams, our Tutors and Heads of House. Rest assured we are with you all the way.

Ms Alison Savage and Mrs Sandra Guerzoni





Faith & Mission

We Remember in Prayer

We continue to remember members of our College community who have experienced bereavements. The COVID-19 restrictions have also impacted significantly on the way families have had to conduct funeral arrangements which adds to the sadness of their loss. We continue to surround in prayer the O'Keeffe family. We pray too for Ms Haigh, Mr Deayton, Mrs Puszkas, Mrs Guerzoni, Mrs Jacobs and Mrs Haneveer who are all mourning the recent loss of loved ones. We also continue to pray for Ms Leeds in her recovery from surgery.

Marty Ogle Speaks Mental Health and MJR

Marty Ogle, who is the Ambassador and Education Officer for the Making Jesus Real Program, spoke to Mrs Leary's Exploring Issues in Society class on the topic of Mental Health and Well Being. This was very well received, and the students feel motivated to continue to put into action strategies for wellbeing as they move into the stress of exam time.

Just Act Committees

The Just Act groups on each campus have much to celebrate in reflecting on their achievements this year in promoting social justice initiatives, running the Kindness Kiosk and running bake sales and fund raisers.

Glenorchy Campus Just Act Committee

Each tutor group has been invited to support a local family and enable the family to enjoy the Christmas season. We have journeyed with this family for 3 years and hope that this year we can again share some happiness. This year we have also invited tutor groups to Share the Dignity, which supports the dignity of women in crisis in providing health products particularly to mothers of young children and teenagers. Thanks to Kiarna Nibbs for guiding us with our efforts and the Just Act Committee at Glenorchy campus who have ensured the planning and support to bring their year long work to fruition in supporting others in need and building community.

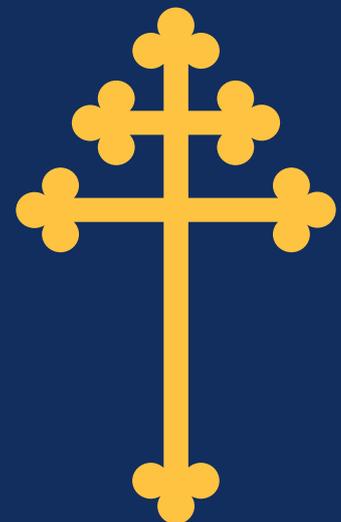
St Vincent de Paul (Christmas Appeals)

To finish the year, Just Act groups hope to support St Vincent de Paul at Christmas in two ways. Firstly, in providing some non-perishable Christmas food for the families they have adopted through Vinnies. Each campus has a family they sponsor. The adopted Hobart family are expecting their first child while the adopted Glenorchy family have children ranging in age from primary to high school age.

Fill-A-Stocking Challenge 2020:

Feel free to donate any of the items below (or any others) that you think are typically well received by kids. You have the option of making up your own Christmas stockings or donating items individually. Items may include chocolates, lollies, Lego, colouring or activity books, card games (Uno etc), books, ear buds (for iPad or iPod), wallet, sunglasses, movie tickets, toiletries, candles, socks, bath toys, magazines, plant seeds or puzzles.

Along with general items, as above, we always like to include a gift card of some description so that the receiving child has a chance to choose a gift themselves. Popular gift card ideas are as follows: movie tickets, store cards, multimedia stores, toy shops or cafes/restaurants.





Ministry

Walking the Labyrinth

Many of the great Cathedrals of Europe have labyrinths on their tiled floors that date back centuries. Many gardens across the globe have labyrinths. In ancient times when pilgrims could not make the long trip to the Holy Lands, individuals began to use the labyrinth as a form of personal meditation, prayer and reflection. The Catholic Education Office has a large canvas labyrinth which is loaned for use in our Catholic schools. Mrs Leanne Prichard has spoken to 16 Religion in Society and Exploring Issues in Society classes on both campuses this week about the fascinating historical and spiritual place of labyrinths and enabled students to walk the canvas labyrinth based on the design on the floor of Chartres Cathedral in France. Students were respectful, meditative and open to the opportunity to be thoughtful, mindful, quiet and reflective in this time of anxiety in preparation for external exams.

Saying Thank You

We look forward to celebrating our Year 12 students Graduation next Wednesday afternoon at 2pm at the Don Bosco Centre Glenorchy. We hope our Leaving Class of 2020 will take the opportunity to farewell and thank their tutors and teachers who have assisted them during their time at Guilford Young College. We also acknowledge and thank all the support staff in our canteens, offices, gardens, libraries,

labs and in supervising study who give so generously each day to our students. I hope that they will find the time to say thank you to them over the next few days too. We will miss the opportunity to speak to parents this year at Graduation, so we acknowledge the support you give us all at GYC in this family bulletin and hope you will go on line to watch the Graduation Ceremony as you are able.

Mrs Simone McManus and Ms Kylie Sullivan

Directors of Faith and Mission



Dear students, parents and staff,

I greet you with the love and peace of Jesus Christ.

The year 2020 has been a difficult year for everyone.

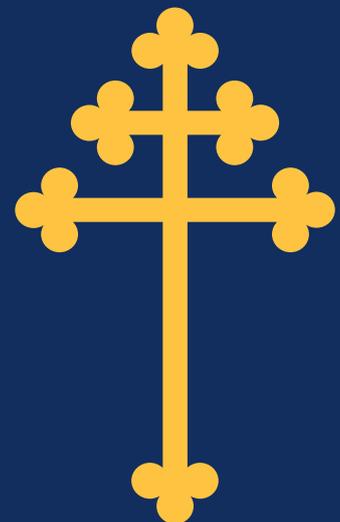
To you students, I must commend your resilience. You have been focused despite the challenges and uncertainties of this year. May God grant you success in your examinations.

A special thank you to all parents for being the best of parents, especially in the ways that you have supported your children throughout this year.

No words can express my gratitude to all staff members. Without your hard work, diligence and spontaneous assistance, the success of this academic year would not have been possible.

May this Christmas bring peace, joy and love to you and your loved ones.

Fr Fidelis Udousoro
GYC Chaplain





Sports News

Sports Presentation Evening

The inaugural Guilford Young College Sports Presentation Evening was held on Wednesday 21 October at the Hobart Campus. Students who had represented the College throughout the year, along with their coaches and team managers, celebrated the various achievements throughout the year. It was a great opportunity to acknowledge the hard work of all people involved. Southern SATIS and State SATIS Certificates for the premiership teams and individual winners, Best and Fairest/Most Valuable Player/Best Performer along with jumpers for the State SATIS Premiers were presented to students.

Southern SATIS Premiers and Shields

- Swimming Team: College Co-Education
- Boys 2nd XI Soccer Team
- Boys 1st Basketball
- Boys 2nd Basketball (Blue)
- Athletics Team: College Boys, Girls and Co-Education
- Girls 1st Netball
- Boys 1st Hockey
- Boys 1st Soccer

State SATIS Premiers

- Boys 1st XI Cricket
- Boys 1st XVIII Football
- Boys 1st XI Soccer
- Boys 1st XI Hockey

Medallions Were Presented to the Following Students:

Name	Surname	Title	Sport
Hannah	Vinen	Most Valuable Player	Girls Basketball
Noah	Holmes	Best and Fairest	Boys 1st XVIII Football
Aiden	Donovan	Best and Fairest	Boys 2nd XVIII Football
Jack	Lewis	Best Performer	Boys Athletics
Jamie	Laurence	Best Performer	Boys Athletics
Connor	Smith	Most Valuable Player	Boys Basketball 1sts
Isaac	Harrington	Most Valuable Player	Boys Basketball 2nds
Brodie	Turner	Most Valuable Player	Boys Basketball 2nds
Finley	Gregson	Best and Fairest	Boys Hockey
Harry	Winch	Best and Fairest	Boys Hockey
Angus	Paynter	Best Performer	Boys Rowing
Koby	Moschogianis	Best and Fairest	Boys 1st XI Soccer
Haidar	Alnasser	Best and Fairest	Boys 2nd XI Soccer
Max	Giuliani	Best Performer	Boys Swimming
Lachlan	Borsboom	Player of the Year	Boys 1st Cricket
Tadhg	Waddington	Player of the Year	Boys T20 Cricket
Jed	Plunkett-Smith	Best and Fairest	Boys 1st Tennis
Alex	Morrisby	Best and Fairest	Boys 2nds Tennis
Zen	McCarthy	Best and Fairest	Boys 2nds Tennis
Liana	Kenna	Best Performer	Girls Athletics
Lily	Vanderkelen	Best and Fairest	Girls Hockey
Brielle	Gordon	Most Valuable Player	Girls Netball 1sts
Ella	Triffett	Best Performer	Girls Rowing
Madison	Chambers	Best and Fairest	Girls Soccer
Lauren	Todorovic	Best Performer	Girls Swimming





Sports News

Equestrian

Equestrian Tasmania held a Gala Event on 3 and 4 of October at the Tasmanian Equestrian. The event featured interschool and open classes in Dressage, Show Jumping and Show Horse. Emily Fish from GYC competed in this event and did extremely well obtaining 1st place and a 3rd place in the Preliminary Dressage sections

Athletics

GYC had eight students who competed in the two recent Tasmanian All Schools Athletics Carnivals. These were held at the Domain Athletics Centre and the Northern Athletics Centre at St Leonards over the past two weekends. Due to the various COVID restrictions that restricted competition earlier in the year, Athletics Tasmania incorporated an U20 age group to enable the Year 12 students to compete at both of these events.

Tas Regional (South) All Schools Track & Field Results

Charlotte Faella: 1st 400m, 1st 800m

Rebecca Mathers: 2nd Javelin, 3rd Shot Put

Jamie Laurence: 1st 800m

Jackson Mellor: 1st Shot Put, 1st Discus

Liam Hatten: 3rd Triple Jump

Tas All Schools Track & Field Results

Jackson Mellor: 1st U18 Shot, 2nd U18 Hammer, 2nd U18 Discus, 1st U20 Discus

Liam Hatten: 2nd U18 Triple Jump, 3rd U18 Discus

Rebecca Mathers: 3rd U20 Shot Put, 3rd U18 Hammer

Alexander McKillop: 3rd U20 Boys 100m, 2nd U20 200m

Charlotte Faella: 2nd U18 400m, 2nd U18 800m

Ava Faint: 1st U18 400m Hurdles, 3rd U18 400m,

Jamie Laurence: 2nd U20 800m

Upcoming Sporting Events

Preparations for the 2021 summer sporting competitions for some sports have already started.

Rowing

Any interested student who would like to Row for the College should contact the Sport Department Mrs Mel Brown mbrown@gyc.tas.edu.au or Mr Peter Di Venuto pdivenuto@gyc.tas.edu.au

T20 Cricket

Selected current Grade 11 students will compete in a two-day T20 style format in Launceston on Monday 7 and Tuesday 8 of October. Mr Peter Di Venuto is organising this Team.

Congratulations and Outstanding Sporting Achievements

Max Giuliani has been selected for Swimming Australia's 2021 National Flippers Program.

Harrison Winch was awarded the umpire of the Year Award for Men's Hockey. This includes all levels of hockey. Harry was requested and umpired the Premier League Men's Grand Final.

Ollie Davis won the Matthew Richardson Medal as the Tasmanian State League's Rising Star of Season 2020.

Teacher, **Mrs Bec Clifford** was awarded a Certificate of Appreciation from the Southern Hockey Association for her outstanding contribution to junior hockey.

Jackson Mellor's progress and efforts in athletics have been acknowledged through Athletics Tasmania on the Tassie Athlete Website. The College is very proud of Jackson's achievements and his work ethic. The full article and feature video online are both extremely inspiring and can be viewed at <https://www.thetassieathlete.com.au/athletes/jackson-mellor>

Mrs Mel Brown and Mr Peter Di Venuto

Sport



VET Certificate II Kitchen Operations

Check out the amazing spread our Certificate II in Kitchen Operations class put on for the Hobart Campus staff as part of their assessment.



From the Counsellors

Exam Stress

It is that time of the year when both students and parents start to feel the heat of exam pressure. This can be a very stressful time for all, never more so than this year, as we come off remote learning and much disruption. Research has found that more than 85 percent of college students feel increased stress and anxiety at exam time, and it is normal for parents to be anxious about how much their son or daughter is working and whether they'll get the results they need.

In this newsletter we have included links to two helpful information sheets for students and parents, which relate to exam preparation and stress. These are written by Andrew Fuller, a clinical psychologist who works with many schools and communities in Australia and internationally, and who specializes in the wellbeing of young people and their families, helping them move from 'surviving' to 'thriving'. He has some very useful ideas of how to get through this period of time, including managing the melt-downs that seem to go hand in hand with years 11 and 12 and the catastrophic thinking that teenagers are prone to.

Parents have a vital role in helping students:

- Manage time
- Manage energy
- Manage stress
- Manage everything in at the right time in the right place and,
- in addition to this, parents need to manage themselves!

Andrew believes that generally what you do is more important than what you say, and encourages parents to “above all remain calm and believe in your son or daughter. Adding an anxious parent to a panicking teenager is always a recipe for disaster”

At GYC we are acutely aware of exam pressure and how challenging it is for our students and their parents. It can impact negatively on the student’s closest relationships – with friends, boyfriend/girlfriend and family. It is important that students, and parents, know that they can speak to the College counsellor or other members of staff for support.

Sonya Bacic and Susan McArdle
GYC Counsellors

 **TASC advice on preparing for exams**



UPDATED TERMS AND CONDITIONS OF ENROLMENT

As part of our ongoing commitment to providing the best possible educational experience, we have continued to monitor and revise the Terms and Conditions which apply in all Catholic Education Commission Tasmania schools.

Recently parents/guardians were forwarded updated Terms and Conditions with changes noted in yellow. By continuing your child’s enrolment in 2021 from Monday 18 January, you will be taken to have accepted these updates to the Terms and Conditions.

If you have any concerns regarding the updates, please contact the College Office on 6238 4300 or by email to iweir@gyc.tas.edu.au before **10 November 2020**. We would be happy to discuss the incoming changes with you further.

2020 Yearbook

The 2020 GYC Yearbook will be mailed to all Year 12 students during the month of January while Year 11 students are able to collect the yearbook upon return to College in 2021.

INTERNATIONAL MEN’S DAY BREAKFAST

TUESDAY 10 NOVEMBER 2020 - 7.15am - 8.30am

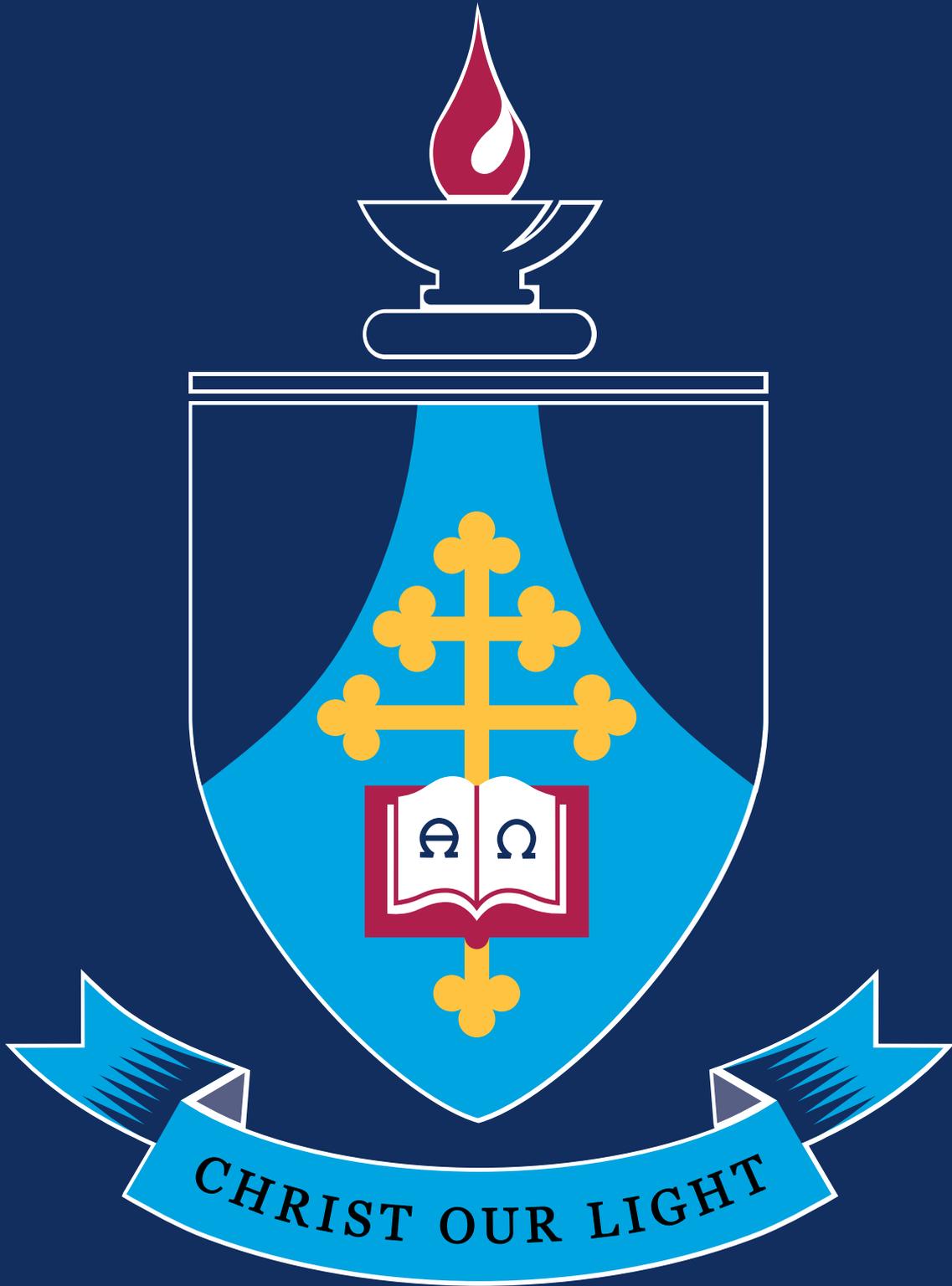
Tickets - \$15 each - includes fully-catered breakfast and entertainment.

Book now- <http://www.trybooking.com/BLBGK> or call 6274 6000.

GUEST SPEAKER: **MATTHEW STOLP** - Visual Artist | Actor | Film Producer | Arts Educator

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