

Strengths re-energise parents



- Would you like to understand your teenager more?
- We look at practical strategies, information and provide support in a shared learning environment.
- Topics include connecting and communicating with your teen, problem solving and conflict resolution.

The program is **FREE, 3 hours per week for 6 weeks.**

- **Tapping Inner Strengths Program** is for Parents and Carers raising teenagers who are at risk of leaving home early or who may have already left home.

Starts: Thursday 29th

May, 10am -1pm (for 6

weeks: June, 5th 12th 19th 26th & 3rd of July)

At: Colony47

432 Elizabeth St,

North Hobart

Call 6214 1481 or email reconnect@colony47.com.au for further information and bookings