

Sunday 10 November 2013 10:30am - 3:30pm
The Old Woolstore 1 Macquarie Street Hobart Tasmania

FREE HEALTHY LUNCH

This important Health Promotion Forum is FREE for the general public and everyone is welcome. Registration for groups of up to 10 people and individual registrations are available.

INVITED SPEAKERS

MC: Mr Ryk Goddard 936 ABC Hobart
Breakfast Presenter

Official Welcome: The Lord Mayor of Hobart
Alderman Damon Thomas

Mr Graeme Lynch CEO Heart Foundation
Tasmania Chair Chronic Disease Prevention Alliance Tasmania

Working Together to Prevent Chronic Disease in Tasmania

Mrs Jo Fairbairn Kidney Health Australia
Community Education & Health Promotion Manager

Linking Kidney Health, Heart Health, Blood Pressure and Diabetes

Dr Lisa Jeffs Nephrologist Royal Hobart Hospital

Blood Pressure and the Kidneys and other Kidney Medical Conditions

Ms Connie Digolis EO National Stroke Foundation

Understanding Stroke, Risk Factors and Prevention

Ms Catherine McLaine Credentialed Diabetes Educator Royal Hobart Hospital Diabetes Centre

Demystifying Diabetes, Risk Factors and Early Detection

A/Prof Rosemary Harrup Head of Department Medical Oncology / Clinical Haematology Royal Hobart Hospital

Kidney Cancer

REGISTER NOW

Before 1 November 2013
Free call 1800 454 363
jo.fairbairn@kidney.org.au
www.kidney.org.au

Dr Nathan Dwyer Cardiologist Royal Hobart Hospital

Cardiovascular Disease Defined

Ms Sue Sanderson Nurse Practitioner Chronic Cardiac Care, Cardiac Rehabilitation Service Royal Hobart Hospital

Risk Factors for Cardiovascular Disease
Early Detection, Prevention, Rehabilitation and Health Promotion

Mr Colin Banks Nurse Unit Manager Nephrology Department Royal Hobart Hospital

What is Kidney Failure? What is Dialysis? What is a Transplant?

- **Mr Everard Richardson**
My Home Haemodialysis Story

- **Ms Pam Walker**
My Transplant Story

Ms Vanessa Stansbie Dietitian Diabetes Tasmania

Prevent Chronic Disease with Good Nutrition

Mr Josh Palaya Podiatrist Royal Hobart Hospital

Investing in Healthy Feet

Mr Andrew Hogan Optometrist Optomeyes Hobart

Healthy Blood, Healthy Eyes